

JAMIES GYMNASTICS ACADEMY

Weekly Class Timetable



Classes we offer at Jamies:

- Parent & Child - For you to attend with your child (up to 3 years)**
- Little J's Funhouse - Free reign in the gym on our equipment (up to 5 years)**
- Pre-School Only - Only gymnasts age 3 & 4 years**
- Recreational - Great place to begin! Boys & Girls from age 3 to 16**
- Boys Only - Recreational level for boys only! Age 5 - 16**
- Intermediate - Invite only! Next step up from recreational from age 3 to 16**
- Advanced - Invite only! Highest 'non-competitive' level from age 6 years**
- Freestyle - Boys & mixed sessions available from age 6 years**
- Mini Masters - Invite only! This is where our competitive masters begin. From age 3 years**
- Masters - Invite only! Our competitive gymnasts that represent Jamies at competitions**
- Teens Only - Relaxed & fun sessions dedicated to the teens!**
- Home Education - Dedicated PE class for children that are educated at home**

Please see attached each location and the sessions we offer...



BECKENHAM ACADEMY

Weekly Class Timetable



MON	TUES	WED	THURS	FRI	SAT
10:00 - 10:30 Little J's Funhouse					
10:30 - 11:15 Parent & Child Up to 3 years					
11:30 - 12:15 Pre-School 3 - 4 years					
15:45 - 16:30 Recreational 3 - 6 years					
16:30 - 17:15 Recreational 6 - 8 years					
17:15 - 18:00 Recreational 6 - 16 years					



BIGGIN HILL ACADEMY

Weekly Class Timetable



MON

TUES

WED

THURS

FRI

SAT

15:45 - 16:30

Recreational
3 - 12 years

16:30 - 17:15

Recreational
3 - 12 years

17:15 - 18:00

Recreational
3 - 12 years



BROMLEY ACADEMY

Weekly Class Timetable



MON	TUES	WED	THURS	FRI	SAT
17:15 - 18:00 Recreational 3 - 7 years	17:15 - 18:00 Recreational 3 - 7 years	17:00 - 17:45 Recreational 3 - 7 years	17:00 - 17:45 Recreational 3 - 7 years		09:00 - 09:45 Recreational 3 - 7 years
18:00 - 18:45 Recreational 7 - 16 years	18:00 - 18:45 Recreational 7 - 16 years	17:45 - 18:30 Recreational 7 - 16 years			09:45 - 10:30 Recreational 3 - 7 years
	18:00 - 19:00 Intermediate [Invite Only]	17:45 - 18:30 Boys Only 5 - 16 years			10:30 - 11:15 Recreational 3 - 16 years
	18:45 - 20:15 Advanced [Invite Only]	18:00 - 19:00 Intermediate [Invite Only]			11:15 - 12:00 Recreational 3 - 16 years
		18:45 - 20:15 Advanced [Invite Only]			12:15 - 13:00 Recreational 3 - 16 years
					12:15 - 13:15 Intermediate [Invite Only]



CHISLEHURST ACADEMY

Weekly Class Timetable



MON	TUES	WED	THURS	FRI	SAT
17:00 - 17:45 Recreational 3 - 7 years		17:00 - 17:45 Recreational 3 - 7 years	17:00 - 17:45 Recreational 3 - 7 years	17:00 - 18:00 Intermediate [Invite Only]	08:30 - 09:00 Little J's Funhouse
17:45 - 18:30 Recreational 3 - 16 years		17:45 - 18:30 Recreational 3 - 16 years	17:45 - 18:30 Recreational 3 - 16 years		09:00 - 09:45 Recreational 3 - 5 years
17:45 - 18:30 Mini Masters [Invite Only]		17:45 - 18:45 Boys Freestyle 6 - 16 years	17:45 - 18:45 Intermediate [Invite Only]		09:45 - 10:30 Recreational 6 - 8 years
18:30 - 20:00 Advanced [Invite Only]		18:30 - 20:00 Advanced [Invite Only]			10:30 - 11:15 Recreational 6 - 16 years
18:30 - 20:30 Masters [Invite Only]		18:30 - 20:30 Masters [Invite Only]			10:30 - 11:30 Intermediate [Invite Only]
					11:15 - 12:00 Recreational 3 - 16 years
					12:00 - 12:45 Recreational 3 - 16 years
					12:00 - 12:45 Boys Only 5 - 16 years
					12:00 - 13:00 Mini Masters [Invite Only]
					13:00 - 14:30 Advanced [Invite Only]
					15:00 - 17:00 Available for birthday parties



CLAPHAM ACADEMY

Weekly Class Timetable



MON

TUES

WED

THURS

FRI

SAT

09:00 - 09:45

Recreational
3 - 7 years

09:45 - 10:30

Recreational
3 - 16 years



LANGLEY ACADEMY

Weekly Class Timetable



MON	TUES	WED	THURS	FRI	SAT
16:15 - 17:00 Recreational 3 - 7 years	16:15 - 17:00 Recreational 3 - 7 years	09:30 - 10:15 Parent & Child Up to 3 years	09:30 - 10:15 Parent & Child Up to 3 years	09:30 - 10:15 Parent & Child Up to 3 years	08:15 - 08:45 Little J's Funhouse
17:15 - 18:00 Recreational 7 - 16 years	17:15 - 18:00 Recreational 7 - 16 years	10:15 - 11:00 Pre-School 3 - 4 years	10:15 - 11:00 Pre-School 3 - 4 years	10:15 - 11:00 Pre-School 3 - 4 years	09:00 - 09:45 Pre-School 3 - 4 years
18:15 - 19:15 Intermediate [Invite Only]	18:15 - 19:15 Intermediate [Invite Only]	11:15 - 12:00 Pre-School 3 - 4 years	11:15 - 12:00 Pre-School 3 - 4 years	13:30 - 14:15 Pre-School 3 - 4 years	10:00 - 10:45 Recreational 5 - 7 years
18:15 - 19:45 Advanced [Invite Only]	18:15 - 19:45 Advanced [Invite Only]	16:15 - 17:00 Recreational 3 - 7 years	13:00 - 13:45 Home Edu'cate 3 - 16 years	16:15 - 17:00 Recreational 3 - 7 years	11:00 - 11:45 Recreational 7 - 16 years
		17:15 - 18:00 Recreational 7 - 16 years	16:15 - 17:00 Recreational 3 - 7 years	17:15 - 18:00 Recreational 7 - 16 years	12:00 - 12:45 Recreational 3 - 7 years
		18:15 - 19:15 Intermediate [Invite Only]	17:15 - 18:00 Recreational 7 - 16 years	18:15 - 19:00 Boys Only 3 - 16 years	13:00 - 14:00 Intermediate [Invite Only]
		18:15 - 19:45 Advanced [Invite Only]	18:15 - 19:00 Mixed Freestyle 6 - 16 years	18:15 - 19:15 Intermediate [Invite Only]	13:00 - 14:30 Advanced [Invite Only]
			19:15 - 20:00 Teens Only 13 - 19 years	18:15 - 19:45 Advanced [Invite Only]	



OASIS ACADEMY

Weekly Class Timetable



MON	TUES	WED	THURS	FRI	SAT
17:00 - 17:45 Recreational 3 - 7 years	17:00 - 17:45 Recreational 3 - 16 years	17:00 - 17:45 Recreational 3 - 16 years	17:00 - 17:45 Recreational 3 - 7 years	17:00 - 17:45 Recreational 3 - 7 years	09:00 - 09:45 Recreational 3 - 8 years
17:45 - 18:30 Recreational 3 - 16 years	17:00 - 18:00 Mini Masters [Invite Only]	17:45 - 18:45 Intermediate [Invite Only]	17:45 - 18:30 Recreational 3 - 16 years	17:00 - 18:00 Mini Masters [Invite Only]	09:45 - 10:30 Recreational 3 - 8 years
17:45 - 18:30 Boys Only 5 - 16 years	17:45 - 18:45 Boys Freestyle 6 - 16 years		17:45 - 18:45 Intermediate [Invite Only]	17:45 - 18:30 Recreational 3 - 16 years	10:30 - 11:15 Recreational 3 - 16 years
18:30 - 20:00 Advanced [Invite Only]	17:45 - 18:45 Intermediate [Invite Only]		18:30 - 20:00 Advanced [Invite Only]	17:45 - 18:45 Intermediate [Invite Only]	10:30 - 11:15 Parent & Child up to 3 years
	18:00 - 20:00 Masters [Invite Only]			18:00 - 20:00 Masters [Invite Only]	11:30 - 12:15 Parent & Child up to 3 years
					11:30 - 13:00 Advanced [Invite Only]
					12:15 - 13:00 Recreational 3 - 16 years
					13:30 - 15:30 Available for birthday parties



ORPINGTON ACADEMY

Weekly Class Timetable



MON

TUES

WED

THURS

FRI

SAT

17:30 - 18:15

Recreational
3 - 7 years

18:15 - 19:00

Recreational
7 - 16 years

13:45 - 14:30

Recreational
3 - 7 years

14:30 - 15:15

Recreational
3 - 16 years

14:30 - 15:30

Intermediate
[Invite Only]



THORNTON HEATH ACADEMY

Weekly Class Timetable



MON	TUES	WED	THURS	FRI	SAT
	17:00 - 17:45 Recreational 3 - 7 years	17:00 - 17:45 Recreational 3 - 7 years			
	17:45 - 18:30 Recreational 5 - 16 years	17:45 - 18:30 Recreational 5 - 16 years			
	17:45 - 18:45 Intermediate [Invite Only]	18:30 - 20:00 Advanced [Invite Only]			



WEST WICKHAM ACADEMY

Weekly Class Timetable



MON

TUES

WED

THURS

FRI

SAT

09:00 - 09:45

Recreational
3 - 5 years

09:45 - 10:30

Recreational
5 - 8 years

10:30 - 11:15

Recreational
3 - 16 years

11:15 - 12:00

Recreational
3 - 16 years

11:15 - 12:15

Intermediate
[Invite Only]

